

ELEVATE LEADERSHIP COHORTS

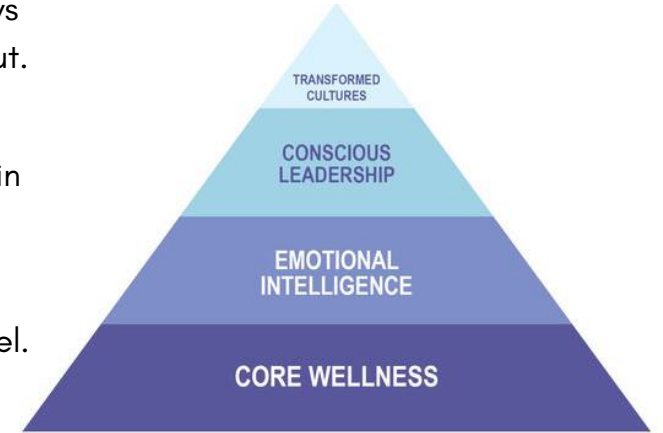
Activate an Evolved Workplace.

The world needs evolved leaders more than ever. Elevate Leadership Cohorts are immersive, high-impact journeys that grow individual leaders and shift culture from the inside out.

This isn't leadership as usual. It's a facilitated path to expand awareness, lead from purpose, and create meaningful impact in complex systems.

These small-group experiences scale across organizations—building aligned, emotionally intelligent leadership at every level.

They've supported rising leaders, senior teams, and groups of CEOs ready to evolve how they lead.



InSight Elevation Ladder: Inner Evolution to Systemic Transformation



WHO ELEVATE IS DESIGNED FOR

- Leaders navigating complexity, change, or transformation
- Culture carriers ready to deepen their influence
- Organizations investing in leadership that can guide evolving systems

PROGRAM FORMAT

- Cohort Size: 6-12 participants
- Delivery: In Person, hybrid or fully virtual
- Investment: Priced per participant
- Duration: Starting at 6 months. Customization available.

WHY THIS MATTERS

We are in a pivotal moment for leadership. The pace of change has accelerated, and most leaders haven't been equipped to meet it from the inside out.

AI is intensifying complexity—and the real gap isn't technical, it's human.

Leaders need the inner capacity to navigate what can't be automated: emotion, ethics, intuition, and trust.

- Only 25% of companies believe their leadership development programs deliver real value [1]
- Just 43% of employees feel safe to speak up, challenge ideas, and innovate within their teams [2]

Outdated models aren't enough.

McKinsey research confirms: organizations that invest across all levels of leadership—not just isolated trainings—build the trust, innovation, and resilience needed to thrive [2].

[1] Josh Bersin, "Companies Have Been Neglecting Their Leadership—and It Shows," Nov 2023

[2] McKinsey & Co., "Psychological Safety and the Critical Role of Leadership Development," 2023

THE JOURNEY: MONTH BY MONTH

Month 1 Awaken Awareness

Build trust, define intentions, and create the conditions for transformation.

Month 2 See the System

Complete your 360 Profile, including self- and peer-assessments, and explore your leadership impact with a certified coach.

Month 3 Look Inward

Deepen emotional intelligence, embodiment, and leadership presence by clarifying values and working with real-time triggers.

Month 4 Shift What's Stuck

Use the Immunity to Change™ map to uncover limiting beliefs and define your "One Big Thing" leadership goal.

Month 5 Lead Outward

Apply inner shifts across your teams, culture, and key relationships.

Month 6 Root & Rise

Ground your growth, celebrate your journey, and prepare for sustained impact through peer and self-coaching.

PARTICIPANTS RECEIVE:

- **Leadership Circle Profile (360) + 75-Minute 1:1 Debrief**
Gain powerful insights into how you lead and where you're being called to grow.
- **Five Facilitated Group Sessions** Learn and experiment in real time with a trusted cohort. Apply your insights to real leadership moments.
- **Two Individual Coaching Sessions** Deepen the work between sessions with personalized coaching that helps integrate insight and accelerate change.
- **Personalized Leadership Development Plan**
Translate insight into action with a clear, individualized growth map.
- **Biweekly Deepening Emails** Micro-practices to support integration and momentum between sessions.
- **Optional Supervisor Updates** Keep stakeholders aligned and engaged throughout the journey.
- **Elevate Leadership Certificate** Recognition of your commitment to personal and professional evolution.
- **Optional Capstone Project** Apply your growth to a real-world organizational challenge.

*"This journey challenged me to rethink how I lead—and gave me the tools to do it differently."
— VP, Healthcare*

*"I left with more clarity, more courage, and a community of peers I trust."
— CEO Peer Cohort*

Leaders gain:

- Clearer voice, purpose, and grounded presence
- Greater emotional and relational intelligence
- Less reactivity — more steady, responsive leadership
- Greater capacity to lead culture and change
- A felt sense of alignment between who they are and how they lead

