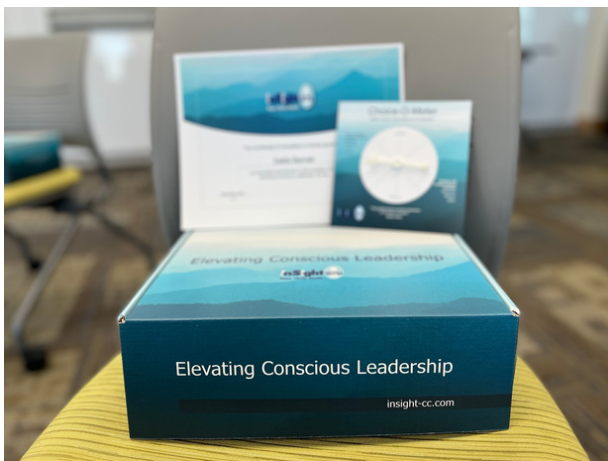


Elevating Conscious Leadership Journeys

Activate an Evolved Workplace.

Our leadership journeys change lives and shift businesses. Individuals experience profound developmental shifts, peers deepen relationships and trust, and organizations see courageous leaders ready to contribute in new, more impactful ways.

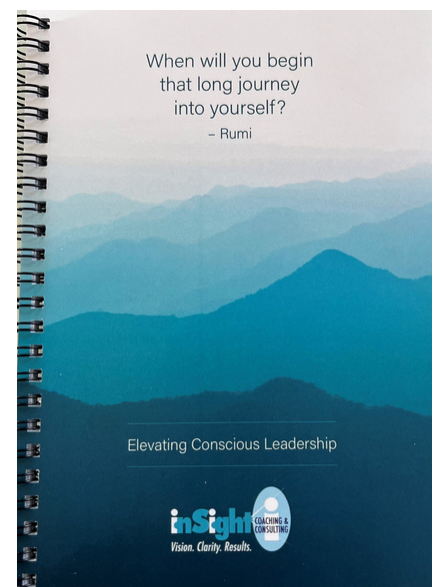


How It Works:

- Hybrid or Virtual Flexibility: Adaptable format to suit organizational preferences.
- Optimal Cohort Size: Intimate groups (6-12 participants) for effective engagement.
- Structured Yet Flexible Schedule: Carefully planned sessions that build, deepen, and connect.

Our Basic Journeys Include:

- The Leadership Circle Profile + a 75-minute 1:1 debrief with a certified coach
- Five group sessions that are hybrid (recommended) or virtual-only
- Two additional individual coaching sessions
- Leadership development plan to help anchor and sustain growth
- Monthly deepening emails to integrate learning in between sessions
- Conscious leadership certificate celebrating commitment to evolution and growth
- Optional supervisor emails to update and engage them in the development process
- Optional group project to benefit the organization



Sample Flow

June – Preparing for Growth & Cultivating Awareness

During this first session, we come together as a cohort, preview the journey forward and build a container for learning including working with the conditions for transformation.

July - 1:1 Leadership Circle Debriefs (with certified coaches)

You will be completing a 360 profile (you perform a self-assessment and ask others to evaluate you) and will have a private session with a certified coach to debrief you on the results.

August - Emotional Intelligence, Values & Triggers

We will explore emotional intelligence, embodiment, values and triggers which are foundational to developing our consciousness. Interactive and small group exercises will foster experimentation and grounding of these foundational concepts.

September – Finding Your Edge & Immunity to Change

We will deepen our understanding of the stages of consciousness and our own journey with The Leadership Circle model through experiential work and small group exercises. Leaders will begin developing their goals and formulating a “One Big Thing” improvement goal and begin to explore limiting beliefs and underlying assumptions that keep us stuck in old behaviors via the Immunity to Change Map.

Integrate & Deepen 1:1 Executive Coaching Session

October – Testing Assumptions & Engaging the Ecosystem

We will continue to build on our work with The Immunity to Change. We will also prepare leaders to use the inner shift and transformation to engage with teams, customers and the broader ecosystem in new and deeper way.

Integrate & Deepen 1:1 Executive Coaching Session

November – The Journey Forward & Graduation

The closing session in the cohort grounds the work that has been done sets the stage for a transition into self and peer coaching.



Testimonials

“Being able to connect with other leaders in a different aspect in a secure and safe space. Also, this journey made me think outside the box and really step out of my comfort zone.”

“The Elevating Conscious Leadership program teaches lessons in self-examination, with the impact being on those who surround you. You learn to express your values so that others understand the purpose. You learn to listen to yourself so that others hear you, and are heard. These self-awareness teachings leave a lasting impression on your ability to connect with and lead others.”

We are in the midst of a paradigm shift in both work and the world. Join us and be part of the shift.